



Promoting Positive Behaviour Policy

Bijou Day Nursery & Crèche, Cowbridge

Policy owner: Nursery Manager / Rheolwr y Feithrinfa

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1. Policy Statement

Bijou Day Nursery & Crèche is committed to promoting positive behaviour in all children. We believe that children develop best when they feel safe, valued, and respected. Positive behaviour is encouraged through a consistent approach based on praise, positive role-modelling, and clear expectations, in line with the Curriculum for Wales emphasis on well-being and emotional development.

This policy complies with the Child Minding and Day Care (Wales) Regulations 2010 (Regulation 20 — Behaviour), the National Minimum Standards for Regulated Childcare (2016), the Children Act 1989 and 2004, the Equality Act 2010, and the UNCRC. It reflects the Curriculum for Wales Health & Well-being Area of Learning & Experience.

2. Aims

- To help children develop self-discipline and self-regulation
- To encourage children to be kind, considerate, and respectful of others
- To enable children to develop a sense of responsibility for their own actions
- To create an environment where positive behaviour is celebrated and negative behaviour is handled constructively
- To work in partnership with parents to support consistent behaviour expectations

3. How We Promote Positive Behaviour

3.1 Environment

- Warm, welcoming spaces with comfortable areas for quiet time
- Resources accessible at child level to promote independence
- Displays that celebrate children's achievements
- Predictable routines with visual timetables where appropriate

3.2 Relationships

- Strong key-person relationships provide a secure base for each child
- Staff use warm, respectful language and active listening

- Children's feelings are acknowledged and validated: "I can see you're feeling frustrated"
- Conflict resolution is taught through guided interaction

3.3 Praise & Recognition

- Specific, descriptive praise: "You shared that toy really kindly with Ava" rather than generic "Good boy/girl"
- Stickers, certificates, and verbal praise used to reinforce positive behaviour
- Achievements shared with parents daily
- Positive behaviour noted in learning journals

3.4 Emotional Literacy

- We teach children to name and express their emotions through stories, role play, and discussion
- Zones of Regulation or similar frameworks may be used with older children
- Breathing exercises and calming techniques are taught and practised
- Self-regulation is a key developmental focus aligned with the CfW well-being goals

4. Responding to Unwanted Behaviour

- We separate the behaviour from the child — the child is always valued, even when the behaviour is not acceptable
- Staff respond calmly and consistently, getting down to the child's level
- Simple language is used: "Hands are for being gentle" rather than long lectures
- Where necessary, the child is offered an alternative activity or a change of environment
- Older children are supported to make amends using restorative conversations
- All staff use the same approach to ensure consistency

5. Working with Parents

- Consistent behaviour strategies between home and nursery are discussed at parents' evenings and during daily handovers
- If behaviour concerns arise, parents are invited to discuss strategies and agree a joint approach
- Home/nursery diaries or communication books may be used where helpful

6. Staff Training

- All staff receive training in promoting positive behaviour and managing challenging behaviour as part of induction
- Annual CPD includes attachment theory, trauma-informed care, and restorative practice

7. Related Policies

- Behaviour Management Policy
- Biting Policy
- Safeguarding & Child Protection Policy
- Inclusion & Equity Policy

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